

Patient Name: _____

Date Surgery Scheduled: _____ Time: _____ AM / PM

Arrival Time at Hospital: _____ AM / PM or as instructed by your physician.

Please complete the enclosed forms and bring them with you to the center.

The Night Before Surgery:

- If you take daily medication, check with your physician about what to do the morning of your surgery regarding your medication.
- Do not eat or drink anything after midnight, or as ordered by your physician. This includes water, chewing gum, mints, and tobacco.

The Morning of Your Surgery:

- Bathe or shower to reduce the chance of infection. Do not shave the surgical area for 24 hours before surgery.
- Do not wear makeup or nail polish. Remove any false nails.
- Arrive at the facility at the time directed. Your surgery could be canceled if you do not arrive on time.
- Wear comfortable clothing that is easy to take off and put on.
- Leave your valuables at home.
- **Bring all your medications in their original containers.**
- If you wear glasses, contacts, or hearing aids, bring along a case in which to store them during surgery.
- If you wear dentures or removable bridgework, etc., remove them before surgery or as directed by Anesthesia Department policy.
- If you have a cold, a fever of 100°F or higher, a skin rash, or an infection of any kind, notify your physician before your surgery.
- Smokers should not smoke for twenty-four to forty-eight (24-48) hours before surgery, to enhance breathing. Your physician may request a longer smoking cessation period.
- Bring a robe, slippers, and basic toiletries. You may wear your own sleepwear. Bring clothes to wear home.
- If you use a CPAP/BiPAP machine at home, bring it and accessories with you to use in the hospital.
- Check your blood glucose if you are diabetic and usually check it.

After Your Surgery:

- After you leave the operating room, you will be taken to the recovery room then to your room on the inpatient unit. One adult may stay in your room with you at night if you wish.
- It is preferable to have someone drive you home, and stay with you for the first twenty-four (24) hours at home.
- You will be given detailed instructions for your postoperative care and arrangements will be made for equipment or home health care if ordered.

Special Tips:

- If you have any problems, please contact your physician. Also, you are welcome to call the facility (214-231-2273), if you are unable to reach your physician.
- Please limit the number of people visiting you to two (2) at one time. Children under 12 may not visit. While you are in surgery, your visitors may wait in your inpatient room, if available.